



# FEMALE EXECUTIVE PROGRAM

 [mdmedicine.com](https://mdmedicine.com)


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“Health is a state of complete physical, mental and social well-being. It is more than the mere absence of disease”

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(WHO)



The MDMEDICINE Female Executive Program aims to provide women with personalized health recommendations, early detection of any health problems, and guidance on maintaining or improving their overall well-being. This comprehensive assessment can help women stay healthy and proactively manage their health.

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This Executive program includes:

### **ELECTRONIC HEALTH RECORD**



### **PHYSICIAN'S CONSULTATIONS:**



- GP/Family physician: Consultation and Physical Exam.
- Ophthalmology checkup
- Dental checkup
- Gynecology consultation
- Cardiology Consultation

### **LABORATORY TESTS:**



CBCD, BUN, Creatinine, FBS, Ferritin, Vit D, ESR, CRP, Electrolytes, Calcium, Magnesium, HbA1C, Lipid Panel, Liver Profile, TSH, Uric Acid, Urine Analysis and FIT

### **PROCEDURES:**



E.C.G, Chest Xray, PAP Smear, Mammography, Abdominal U/S, Echocardiogram, Spirometry

# MDMEDICINE Female Executive Program

## CONSULTATIONS

FAMILY MEDICINE CONSULTATION	x	x
CARDIOLOGY	x	
OPHTHALMOLOGY	x	
GYNOCLOGY	x	
DENTAL CHECKUP AND CLEANING	x	

## LABORATORY

COMPLETE BLOOD COUNT	x	
CREATININE	x	
FASTING BLOOD GLUCOSE	x	
FERRITIN ( Iron Storage )	x	
ELECTROLYTES	x	
HBA1C	x	
BUN	x	
LIPID PANEL ( Total Cholesterol, Triglycerides, LDL, HDL )	x	
SGPT, SGOT, GGT, ALK PHOS, BILIRUBIN	x	
TSH ( THYROID )	x	
FIT (STOOL TEST)	x	
URIC ACID	x	
URINE ANALYSIS	x	
ESR	x	
MAGNESIUM	x	
CALCIUM	x	
25-OH VITAMIN D	x	
CRP	x	

## PROCEDURES

E.C.G.	x	
CHEST X-RAY ( AP AND LATERAL VIEWS )	x	
PAP SMEAR	x	
MAMMOGRAPHY	x	
ABDOMINAL ULTRASOUND	x	
ECHOCARDIOGRAM	x	
SPIROMETRY ( LUNG HEALTH )	x	


Program  
developed by



Program delivered  
in Lebanon by




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