



MALE EXECUTIVE PROGRAM


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“Health is a state of complete physical, mental and social well-being. It is more than the mere absence of disease”

(WHO)



The MDMEDICINE Male Executive Program aims to provide men with personalized health recommendations, early detection of any health problems, and guidance on maintaining and/or improving their overall well-being. This comprehensive assessment can help men stay healthy and proactively manage their health.

The General medical checkup program includes:

ELECTRONIC HEALTH RECORD



PHYSICIAN'S CONSULTATIONS:



- GP/Family physician: Consultation and Physical Exam.
- Ophthalmology checkup
 - Dental checkup
 - Dietetic checkup

LABORATORY TESTS:



CBCD, BUN Creatinine, FBS, Ferritin, electrolytes, HbA1C, Lipid Panel, Liver Profile, PSA, Uric Acid, Urine analysis and FIT.

PROCEDURES:



E.C.G., Chest X-ray, Echocardiogram, Abdominal U/S, and Spirometry

MDMEDICINE Male Executive Program

CONSULTATIONS

FAMILY MEDICINE	X	X
CARDIOLOGY	X	
OPHTHALMOLOGY	X	
DENTAL CHECKUP AND CLEANING	X	

LABORATORY

COMPLETE BLOOD COUNT	X	
CREATININE	X	
FASTING BLOOD GLUCOSE	X	
FERRITIN (Iron Storage)	X	
ELECTROLYTES	X	
HBA1C	X	
BUN	X	
LIPID PANEL (Total Cholesterol, Triglycerides, LDL, HDL)	X	
SGPT, SGOT, GGT, ALK PHOS, BILIRUBIN	X	
PSA	X	
FIT (STOOL TEST)	X	
URIC ACID	X	
URINE ANALYSIS	X	

PROCEDURES

E.C.G.	X	
CHEST X-RAY (AP AND LATERAL VIEWS)	X	
ECHOCARDIOGRAM	X	
ABDOMINAL ULTRASOUND	X	
SPIROMETRY (LUNG HEALTH)	X	


Program
developed by



Program delivered
in Lebanon by




Contact Us

 +973 1778 3858


 info@mdmedicine.com

 Office 203, HMG Tower
Al Seef 428, Building 2358 Road 2830,
Manama, Kingdom of Bahrain

 mdmedicine.com

 +961 (01) 752 111

 info@uniteddrs.com

 Abdelaziz Street Al Hamra, Al Mabani
Building, Beirut. Lebanon

 uniteddrs.com

